



ADAPTIVE CLASSES

STAR Club (Adult)

The award-winning STAR (Success Through Achievement in Recreation) Club offers a wide variety of activities for adults with special needs. The classes are designed to increase social awareness and interaction as well as provide information and activities, promoting a healthy and active lifestyle. Activities include recreation, sports, crafts, picnics and parties! Caregiver's attendance required at no additional cost.

Instructor: City staff **Min/Max:** 5/20

| Date | Time | Fee/Wks | Location |
|--------|-----------------|-------------|----------|
| F-1/12 | 12:30-1:30 p.m. | \$30-6 wks* | SCSC-TC |

*Drop-in registration is accepted at \$5 per class

Ice Skating for Special Needs (5-15 yrs)

Learn the basic techniques of ice skating in a fun environment. Skate rental included the day of class. **Location:** Ice Station Valencia, 27745 Smyth Drive, (661) 775-8686 **Min/Max:** 5/15

| Date | Time | Fee/Wks |
|--------|----------------|--------------|
| W-1/10 | 2:15-2:45 p.m. | \$150-10 wks |

Bowling for Special Needs (Adult)

Meet new friends and join the fun through open bowling for individuals with all disabilities including developmental, learning, physical, autism and head injuries. In cases where a participant is assigned a caregiver, the caregiver is required to attend each session. **Location:** Santa Clarita Lanes, 21615 Soledad Canyon Road **Min/Max:** 5/15

| Date | Time | Fee/Wks |
|--------|----------------|------------|
| W-1/17 | 2:30-4:00 p.m. | \$40-8 wks |

Star Club SMART Pro Trainer (Adult)

This 45-minute class is for adults with special needs. The class combines mild strength training while using the SMART Pro Trainer Interactive Wall. Each exercise option will have modifications for various fitness levels. Caregiver's attendance required at no additional cost. **Min/Max:** 2/8 **No Class:** M-2/19

| Date | Time | Fee/Wks | Location |
|--------|------------------|---------------|----------|
| M-1/22 | 10:30-11:15 a.m. | \$5 per class | CCCC |

The City may offer a reasonable accommodation for participation through Inclusion Services

To request a possible accommodation:

1. Sign up for the program you are interested in.
2. Submit a request for Inclusion Services online at: santa-clarita.com/inclusion-services.
3. Submit the participant questionnaire online at: santa-clarita.com/inclusion-services.

For more information please contact Inclusion Services at: inclusionservices@santa-clarita.com or call (661) 290-2296.

